

Email sent to me on 6/17/2012

Dr. Suzanne,

I'm really enjoying reading your blog and your articles that I've seen on various websites. I was just reading in your antibiotics post about how they can lead to cancer. Not many people will say this, but I believe whole-heartedly that the cancer that I had was able to grow due to the over-use of antibiotics.

It started with a nasty UTI that I got while rafting in a contaminated river in Peru. I was prescribed round after round of antibiotics, but nothing helped. I ended up in the hospital with a kidney infection and it wasn't until I had the intravenous antibiotics that the infection was finally under control. I was never counseled by my doctor or nurses at the hospital to take probiotics or do things to support my immune system since I had been on so many antibiotics. At that point in my life, I didn't know any better either. Instead, I kept getting sick. It seemed like every three weeks I was calling off sick for work because I was so miserable. About two years later, at my annual women's exam, my pap was in question. After more tests, I was diagnosed with endocervical adenocarcinoma. Out of fear, I did exactly what my Gyne-Oncologist said. I had a cervical cone biopsy done and the result was that the margins were clear. Three months later, the cancer had returned and my doctor said that he wanted to take more of my cervix, possibly removing all of it. Another doctor told me that I may be looking at a hysterectomy. I had just turned thirty and had not had children yet.

Everything in my body screamed no. I told my doctor that I was going to try some natural methods and if they didn't work, I would do what he thought was best. He didn't agree, but I didn't care. I started seeing a Naprapath who is also an herbalist. After doing muscle testing, he was able to tell that I had a systemic yeast infection (I imagine from all of the antibiotics). He said the yeast had spread all over my body and was around the valves to my heart. It was very clear to him how unhealthy I was. I started drinking teas that he prescribed, killing the candida yeast and feeling worse before I was feeling better, but it was amazing how much better I felt after about two weeks. I was also doing a lot of research on my own on ways to cure myself. I began using castor oil packs with heat on my lower abdomen every night for two hours, chopping up garlic and putting it on the bottom of my feet to pull toxins, drinking chloroxygen, and most importantly, began a meditation practice that evolved into a very healing visualization exercise where I "saw" my immune system fighting off the cancer cells.

Five weeks later, I was in my doctor's office to get tested. It was the first time throughout the entire ordeal that I felt at peace. I just knew that I had healed.

The results came back and the cancer was gone and has never come back. My oncologist said that he just about has a heart attack every time he sees my results. He claims that he is a scientist and can't understand those things. He never asked what I did, just said to keep doing it.

I've since become extremely passionate about natural health and healing. It wasn't until recently that I put it all together that the antibiotics could have been what caused my body to be weak enough that cancer could grow and take hold. I am now the happy mother of two (unvaccinated) young boys whom have never taken antibiotics.

Thanks again for your blog,